

Information for Health Exam Recipients

- ☐ The general health examination (including oral examinations) managed by the National Health Insurance Service is conducted once every two years (once a year for employees who are not office workers), and the medical care national screening program for transitional age is conducted every two years for medical beneficiaries over 66 years old and for infants and toddlers at 4, 9, 18, 30, 42, 54, and 66 months of age. Cost for additional health examination unless specified above will be collected.
- ☐ When answering the questionnaire, it is very important material for a doctor to diagnose the examinee's condition or examination. Therefore, make sure that all necessary information is written on the sheet.
- ☐ The cancer examinations can be provided only for a few of the tests based on your preference and the examinee will need to cover 10% of the medical expenses. (All costs for cervical cancer screenings and colon cancer screenings for those who are subject to national cancer screenings are covered by NHIS.)
- ☐ A colorectal cancer test is for those who are over 50 years old. A fecal occult blood test makes up the 1st screening. Only people whose 1st screening turned out to be positive can select either undergo a colon double contrast test or endoscopy as the 2nd test.
- ☐ A person registered to the Benefit Extension Policy or who had a colonoscopy within five years can postpone the cancer screening.
- ☐ National Health Insurance Service covers the cost of general health examination (including oral examinations), infant health examination, cervical cancer screening, and colorectal cancer screening, and the medical care national screening program for transitional age is also fully covered.
- ☐ An assessment of life habits (smoking, drinking, exercise, nutrition, and obesity) is conducted for patients of age 40, 50, 60, and 70. Prescriptions for improvement of life habits may not be used for the administration or preparation of medicine.
- ☐ Please follow the health exam regulations. Results will be inaccurate if people do not have an empty stomach over 8 hours before the health exam, have worked overnight, or have taken the health exam during their period (for women).